

Do you agree or disagree with the following statement? Games are as important for children as they are for adults.

Agree: 1- games are necessary for feeling free for a short time and release our minds from trials ,...2- most games are mental or physical 3- adults without keeping their childhood cannot be good companion for children 4- good for creativity

With the progress of science, various games ~~has~~have been devised and invented. Thereby, nowadays, children have a bewildering choice of mental and physical games ~~that~~ some of which are beneficial for enhancement of their body and intelligence. In addition, one of the fundamental subjects occupying psychologists' and psychiatrists' thought is: whether are games are as essential for adults as they are for children? I, myself, believe that it can have tremendous advantages and even its outcomes affect offspring tangibly.

First and foremost, one of the inevitable dimensions of our everyday life is confronting different trials and tribulations. Consequently, I maintain that playing our favorite games is an intellectual remedy for releasing our minds from tedious routines, not to mention the fact that it is essential for sustaining our inner child. As to (concerning) the inner child, I would like to stress that the persons not paying attention to this aspect of their characteristic are severely on the verge of mental and physical disorders and illnesses like depression, anxiety and heart problems.

Secondly, I would like to stress that not only can games be a recreation (pursuit) in our leisure time occasionally, also they it improves our creativity, since many of the marvelous ideas have been sparked when our thought is not inundated with monotonous regularities and predicaments. On the other hand, ~~the~~ contemporary psychology believes that consumption of some time for pleasure, playing games, wandering and mingling with the peers are a definite confident criterion for a healthy health's spiritual specification.

And last but not least, although playing games seems fruitful for adults' health, it also causes family members to be more cheerful and have more friendly relationship. Conducting a research by IT university, specialists have concluded that the families whose which parents take part in their offspring's games, enjoy more intimate relations and their kids are more inclined to discuss raise their affairs among family members and carry out the proposed solutions recommending in the family rather than their companions.

To put in a nutshell, I immensely think positively that playing games is necessary and as significant as they are for children. Furthermore, its positive effects include entail other members of a family and society. It is worth bearing in mind that a radiant family means more efficient labor and less medical expenditure.